

FLARE 30 YEARS

BEAUTY

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If you want to get glam and on trend for spring, try our seven beauty tips to update your look and find out what products to invest in.

ON THE COVER

After a roller-coaster year, star and single mom Liv Tyler is forging ahead and living life – her way. Liv maintains a positive outlook on life and shares her hopes for the future with FLARE.



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HEALTH

If you need a little inspiration, motivation, or direction, take a cue from Flare's new Life Coach column. We canvas the experts about a range of topics to help you navigate your way through life's challenges.

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NEXT

Hot guys, bad girls makeovers, and comebacks -- take a trip back through the best of '08 and a peak at '09 with Flare's collection of the coolest culture.



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SPRING 2009 RUNWAY REPORT

Whether they are classic updates or flashy statements, these are the items that will spark and stretch wardrobes with economy-savvy class. Now, more than ever, fine-tuning your personal signature with a stylist's mix of high and low is the No. 1 trend.

DRESSES

Clouds of chiffon, sensuous satins, smart tweeds, sequin-sprinkled sheers and lashings of lace and elastic — there were frocks for society girls and rocker chicks alike.



VERSACE

ALL-IN-ONES

Jumpsuits joined the new twist in trousers. The best styles were long and lean, while softly tailored versions exude an aura of sexy urban cool.



SALVATORE FERRAGAMO



CHLOÉ

SHORTS

Sleek knee-length styles had a City-smart allure while refined fabrics such as silks and light-weight wools created a new easy elegance.

JACKETS

The right cut of jacket — razor-sharp or relaxed and unstructured — will have perennial appeal.



BALMAIN

SKIRTS

While the majority of skirts seen were short, other more radical picks skimmed the knee in ruffled fabrics, bit the calf in a peg shape, or grazed the ankle in soft folds.



BALMAIN

TOPS

The best styles came loose and languid with inventive details, ranging from scalloped edges to structured, rounded shoulders.



LANVIN

PANTS

Designers of every stripe marched quirky pants — from droopy dhotis to cinched harems — down the runway.



PHI

ABOUT FLARE & FLARE.COM Flare is the # 1 selling fashion and beauty magazine in Canada. With more female readers 18+ than any other Canadian fashion magazine, Flare is Canada's best selling and most popular fashion and beauty magazine. It features international and Canadian trends, with an emphasis on merchandise available at Canadian retailers. Flare also features coverage about beauty, fitness, entertainment, careers, celebrities and a popular where-to-buy "Stylesource" guide. Flare.com is one of the most visited fashion web sites in Canada by women over 18 offering timely style information Canadian women have come to rely on from the experts at Flare. In January 2008 Flare was named one of the most influential magazines in Canadian publishing history, by Masthead Magazine - the watchdog of Canada's periodical industry.